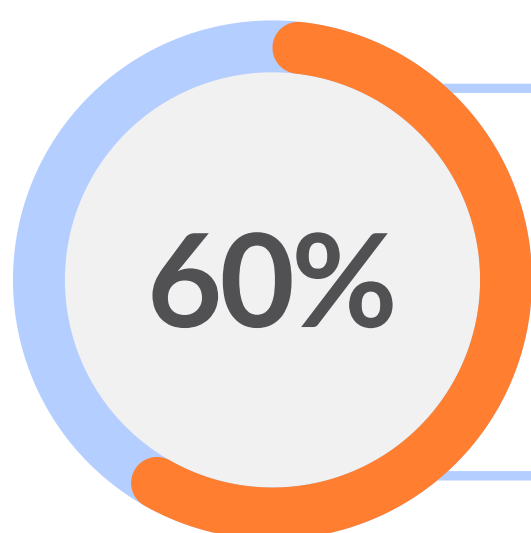

Adverse Childhood Experiences (ACEs)



The number of Hoosier adults that have at least 1 Adverse Childhood experience, which can lead to an increased risk of long-term health and behavioral challenges.

ACEs can have a lifelong impact on health, but are preventable and their health risks are treatable.

Have you experienced any of the types of ACEs?

The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Mother treated violently



Divorce



Incarcerated Relative

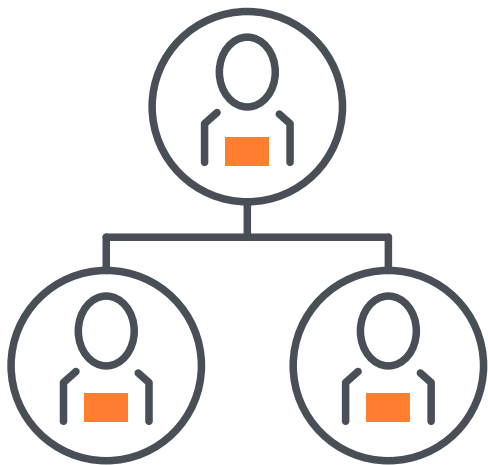


Substance Abuse

Source: Centers for Disease Control and Prevention
Credit: Robert Wood Johnson Foundation

Ask your doctor about Adverse Childhood Experiences and visit the links below

ACEs: Impacting Generations



ACEs impact our community and spread through generations, starting in children and into adulthood

ACEs can have a lifelong impact on health, but are preventable and their health risks are treatable.

Possible Risk Outcomes:

BEHAVIOR



Lack of physical activity



Smoking



Alcoholism



Drug use



Missed work

PHYSICAL & MENTAL HEALTH



Severe obesity



Diabetes



Depression



Suicide attempts



STDs



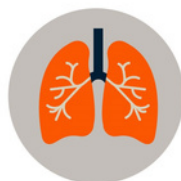
Heart disease



Cancer



Stroke



COPD



Broken bones

Source: Centers for Disease Control and Prevention
Credit: Robert Wood Johnson Foundation

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